



WELCOME BACK TO YORK PARKS AND RECREATION DEPARTMENT

York Parks and Recreation Department recognizes the value and importance of recreational activities to our community and the impact that youth sports provide to physical and social health. We also recognize the current need for additional safety and health precautions to slow or prevent the spread of COVID-19. This document of “Youth Guidelines and Best Practices” has been developed with the intent of balancing the physical and social benefits of team sports with the public health and safety of the community.

Youth Sports Guidelines and Best Practices:

FACE COVERINGS:

Players must wear a mask or face covering to and from facility and while not actively participating in a game or practice. All parents, coaches, umpires and spectators are required to wear a mask or face covering AT ALL TIMES.

REPORTING ILLNESS

If a player is diagnosed with COVID-19 or resides with someone diagnosed with COVID -19 it is recommended to share that information with the coach so that contact tracing may be used to limit possible exposure. Coaches should share this information with York Parks and Recreation Department.

If a player, family member, coach, or any member of their household has an onset of illness with symptoms consistent with, suspected or confirmed to be COVID-19 within the previous 14 days they will be prohibited from entering the facility, including dropping off or picking up a player.

If a player or coach is diagnosed with COVID-19 or resides with someone diagnosed with COVID-19 then the player or coach is required to quarantine for 14 days and will be prohibited from entering the facility.

York Parks and Recreation Department strongly encourages all participants/visitors to check their temperature prior to arriving at the park. If participant(s) and/or visitor(s) have an elevated temperature or exhibit any symptoms of COVID-19 they should not attend.

Anyone that becomes ill during any activity will be required to leave the facility immediately.

PLAYER RECOMMENDATIONS

- 6-foot social distancing when not participating in activity
- Wash hands or use hand sanitizer frequently, especially before and after games and practices
- It is strongly discouraged, to the extent possible, the sharing of equipment. If equipment is shared, it should be disinfected between uses.
- No carpooling; players should arrive to the facility with immediate family only
- No handshakes, high-fives, hugging, or any other unnecessary contact. Celebrations should be resigned to clapping, cheering and other non-contact celebrations. Following the conclusion of each game participants will still demonstrate sportsmanship with some form of a wave, “tip of the hat” or bow to the opposing team.
- No spitting, licking of fingers, eating/spitting seeds or use of chewing gum
- Players should provide their own personal water bottle, no team coolers.

COACHES RECOMMENDATIONS

- 6-foot social distancing should be adhered to at all times, while at the facility
- Do not unnecessarily touch/contact players during practice, instruction or games.
- Divide players into smaller groups and assign an assistant coach to each group at practice
- Wash hands or use hand sanitizer frequently
- Do not car pool players to and from facility, players should arrive and leave facility with immediate family only
- No spitting, licking of fingers, eating/spitting seeds or use of chewing gum
- Instruct players to socially distance when not participating in activity, to wash hands and wear their face mask.

PARENTS/SPECTATORS RECOMMENDATIONS:

- Parent shall remain in their cars during practice activities. They may not congregate at or around the field. If they leave their car for any reason (e.g. to use a restroom) they must wear a facemask/covering and observe social distancing.
- Do not arrive any earlier than necessary to the facility and leave the facility immediately following the activity.
- Recommended player to spectator ratio for baseball, softball, t-ball, coach pitch, football, and cheerleading is 1:1. One player accompanied by one guardian per game.

- If parents feel the need to communicate with a coach then it is recommended via telecommunications or email.
- Individuals should not congregate in common areas or parking lots during or following an activity.
- Access to bleachers around or near team dugouts/sidelines will not be allowed. Designated spectator seating areas will be provided.
- Remain 6-foot socially distant from other family groups
- No spitting, licking of fingers, eating/spitting seeds or use of chewing gum

UMPIRES/OFFICIALS

- Avoid exchanging documents or equipment with players, coaches, or spectators.
- When possible maintain physical distance from players, coaches, spectators and staff.
- Do not car pool to facility
- Do not share equipment with other officials (mask, shirts, shin guards, etc.)
- Arrive at facility dressed and ready, there will be no access to dressing rooms

DISCLAIMER

The information provided in this document is for general informational purposes and to help you make informed decisions. Notwithstanding any and all Federal and State requirements, resuming activities are at your own discretion.

Although all information in this document is provided in good faith, we make no representation or warranty of any kind, express or implied, regarding the adequacy or completeness of these guidelines.

Under no circumstance shall we have any liability to you for any loss or damage of any kind incurred as a result of the use of these best practices or reliance on any information provided in this document. Your reliance and use, or non-reliance, on any information provided in this document is solely at your own risk.